

Tryouts

May 17th

Tryout Process

Register

Register and pay your Tryout Fee on JackRabbit! Registration prices are as follow:

FEB. \$50

MAR. \$60

APR. \$70

MAY. \$95

Receive Materials

As the tryout date approaches you will receive a Calendly link to sign up for your tryout time slot. As well as a Tryout Dance video. This dance will be preformed at tryouts along with Tumbling and Jumps.

Print out Tryout Form

Bring the Tryout form found on the following page, filled out and ready to give to your tryout judge.

Attend your Tryout!

Attend your Tryout! Please wear all black, with hair pulled up into a high pony with a bow.

After completing your online registration, we encourage you to enroll in the Monthly tumbling clinics, Or private lessons to ensure your athlete showcases skills and tryout materials to the best of their ability.

**Team Announcements
May 22nd**

Upon team announcements you will receive your practice schedule, choreography dates, and stunt camp dates!

Tryout Form



Athlete Name: _____

Date of Birth: _____

School and Grade 26-27: _____

Parent Name: _____

Parent Email: _____

Parent Phone Number: _____

Have you read the Prep Handbook? _____

Have you read the Elite Handbook? _____

Jump Choice: (pick 3)

Right Hurdler

Left Hurdler

Toe Touch

Pike

Flyer Body Positions:

R/L Heal Stretch

R/L Arabesque

R/L Scorpion

R/L Scale

Standing Tumbling:(pick 3)

FWD roll

Handstand FWD Roll

Cartwheel

Backwalkover

Backwalkover switch leg

3 Backwalkover series

Backhandspring

Backhandspring step-out

Back Tuck

3 Backhandspring

Tumbling Abbreviations:

CW - CARTWHEEL

RO - ROUND OFFS

Running Tumbling:(pick 3)

Round Off

Frontwalkover

Frontwalkover CW Backwalkover

CW 2 Backwalkover

CW Backwalkover switch leg

RO Backhandspring

RO Backhandspring Step-out

Bounder

RO 3 Backhandspring Series

RO Back tuck

RO Backhandspring tuck

RO Backhandspring layout

**Flyer/
Stunt**

Positions:

Tumbling:

Jumps:

Dance:

JUDGES NOTES