

Novice Team
Packet

SAS
STARSTRUCK ALL STARS



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Welcome



WHAT IS BEING ON A NOVICE TEAM LIKE?

Novice Cheer is a popular level of Cheer and is an intermediate level of competitive cheer. This level accommodates a wide spectrum of skill levels and experience.

This is for athletes who are continuing to build their portfolio of skills and also want a competition experience. Most athletes eventually continue onto the Prep level.

Teams are prepared for Competitions but it's not as intense as the Prep or Elite levels.

For us to reach our goals we emphasize building a foundation on safety, technique, and repetition.

We strive to develop the habits of working hard, developing physical strength, mental focus, self-discipline, and a desire to gain and master new skills.

We embrace the fun challenges together and encourage each team member to keep working to realize their potential.

Participation in fundraisers is highly encouraged. Starstruck participates in a number of fundraising opportunities that give families a chance to raise extra money to help pay for any cheer and/or travel expenses.

13 Years of Gold Standards



TIME COMMITMENT

Each Novice team will have 1 practices per week (1hr 15min). Times and days will be assigned to your athlete when teams are announced. Practices might be extended or added at any time.

Attendance is crucial to a team's success.

Missing practice could affect an athlete's position on the team. Athletes must be able to physically and mentally perform all aspects of competitive cheerleading. This may require additional privates, classes and conditioning.

COMPETITIONS

Competitions are mandatory. Novice Teams will attend 2 competitions in addition to show performances. The competition schedule will be **released Late Summer 2026**.

We try to keep Novice competitions local, but if travel cost is involved, know is not included in tuition and each family is responsible for getting their athlete to and from events.

ABSENCES

Athletes planning to miss practice for any reason must fill out an absence request form. This will need to be emailed to team coaches for approval. Athletes will be allowed to miss a limited number of practices throughout the season. Please have absences submitted 30 days prior.

- Attendance at practice for the upcoming season is the top priority for all team members.
- Absence affects the whole team and impacts the ability to practice.
- If attendance becomes an issue, position in the routine and participation on the team will be reevaluated.
- Illness: If you're sick (not contagious)/injured, you still need to show up to practice. If you are physically unable to participate its still beneficial to observe and support your team.
- Starstruck Allstars will make no exceptions to schedules due to co-parenting conflicts.
- Punishing your child by missing practice or a competition is not acceptable. Homework is not an acceptable excuse for missing

TUMBLING

Tumbling is a portion of the Novice team practices. Skills in the Novice practice will be focused on the skills that athlete performs in their routine. Novice athletes are welcomed and encouraged to add a rec level tumbling class

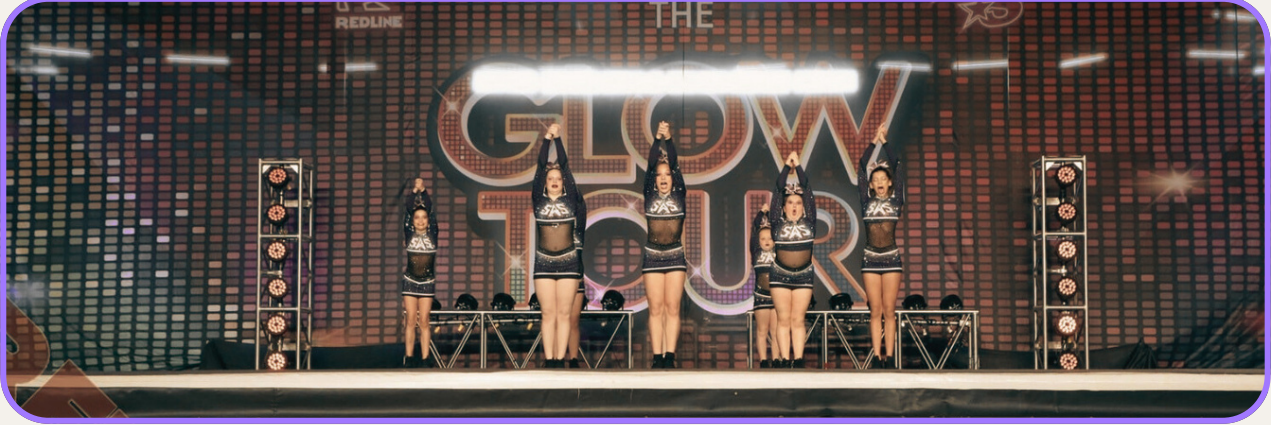
FLYERS

Novice flyers are encouraged to enroll and attend a stretching class. Flexibility in cheer is a skill that needs to be developed and maintained to remain competition ready.

EXPECTATIONS

Athletes enrolled in this program are not permitted to attend practices, classes, private lessons, or training sessions at any other gym while participating with our program. This policy is in place to protect athlete safety, uphold program integrity, and avoid conflicts in training methods. If this policy is violated, the athlete will be immediately excused from the program with no exceptions.

Things to know



Communication

If you have any questions or concerns that need immediate attention please contact Jill@starstruckiowa.com. **Please email.** Texting, Band chatting, Facebook Messenger etc will not be responded to.

- Please feel free to talk to your coach about anything; remember to do it at the appropriate time. For example, approaching a coach in the middle of a practice or competition would not be an appropriate time.
- Check your **emails and the team BAND regularly.**
- Problems between athletes/parents will be addressed with all parties involved at a meeting with your coach and owner.
- Under no circumstance should the parents present themselves as an official representative of The Starstruck Allstars at competitions or any other events.

Behavior

Good sportsmanship, polite manners and a good disposition are mandatory at all practices and competitions from parents and athletes. This means NO GOSSIP about other athletes, teams, coaches and staff, ever. Continuous poor behavior could result in team removal.

- Social Media posts that are a poor representation of the The Starstruck Allstars may result in suspension or removal from the team.
- It is your responsibility to wear the appropriate practice wear to every practice and competition attire to events.
- We are not responsible for lost or stolen items.
- No child should be dropped off at the gym unsupervised or without an active enrollment in a class, private, clinic or practice.
- Anyone threatening to quit or to pull their child from a team may be dismissed from the program immediately.
- Athletes enrolled in this program are not permitted to attend practices, classes, private lessons, or training sessions at any other gym while participating with our program. This policy is in place to protect athlete safety, uphold program integrity, and avoid conflicts in training methods. If this policy is violated, the athlete will be immediately excused from the program with no exceptions.
- Not Attending a competition will result in immediate dismissal.
- The Starstruck Allstars will not help to facilitate the housing of any athletes.
- The Starstruck Allstars maintain the right to refuse services at any time.
- The Management may change, add or subtract any rule at any time.

Things to know



Competition

- We sit together as a gym at competitions. This promotes gym unity and allows us to cheer for each of our teams to show our support and encouragement. SAS Parents are the best!
- All teams are expected to remain at competitions until after their awards session and team picture is complete.
- Know your scheduled team meeting time and be on time with your athlete prepared.
- If out of town travel is required, athletes and parents are responsible for all travel plans and expenses for their athlete.

Fundraising Opportunities

We will offer multiple fundraising opportunities where you can sell items to your family, friends, and neighbors, or coworkers. Participants in fundraisers are 100% responsible for the distribution of the goods sold.

Financial Information

Allstar Cheerleading requires a financial commitment. It's important to carefully consider the investment prior to enrollment. Below is the financial breakdown for the 2026-2027 season. We require all families to keep a valid card on file. If a successful payment has not been processed by the **5th of the month**, a \$35 late fee will be applied. Athletes placed on a team that quit or are removed, WILL NOT receive a refund. No further billing will take place.

In addition to spreading the tuition and competition fees equally from Sept-May (9 mo. season) we also consolidated all other fees into one simple "monthly fee" at the request of our customers.

All families are required to have a JackRabbit account which is our primary registration and billing system.

Charges are posted and processed on the 1st of every month

Pay in Full Discount 10% on tuition. You must make that decision by Sept. 1st and payment is due by Sept. 15th. Pay in Full Discount payments must be made by cash or check.

Valid payment information must be on file throughout the season.

SAS holds the right to change travel fees based on final pricing from Varsity/Event producers.

If your child chooses to quit they will be subject to a \$250 drop fee. If they drop before receiving uniform and practice gear they will no longer be receiving them.

Financial Information

The monthly tuition and competition fee payments will be combined and included as part of your total monthly payment each month !

INSTALMENTS	DUE DATE	PREP PROGRAM
1	September 1st	\$620
2	October 1st	\$265
3	November 1st	\$145
4	December 1st	\$145
5	January 1st	\$145
6	February 1st	\$145
7	March 1st	\$145
8	April 1st	\$145
9	May 1st	\$145

**Does not include post season competition expenses.*

About your Fees

Fee Breakdown

- Registration Fee \$75 (Sept)
- \$325 Uniform and bow Package (Sept)*New Prep Athletes Only
- \$75 Required Practice Set (Sept)
- \$125 Choreography & Music Fee (Oct)
- \$49 USASF Membership Fee (paid directly to USASF by September. Do this after Comp Schedule has been released.)

Monthly Payments

The monthly tuition and Competition fee payments will be combined and included as part of your total monthly payment !

- Competition Fees are included in your monthly payment.
- Athlete Member ID, Athlete Registration, included in your monthly schedule of fees.
- Coaches, Insurance, and Processing Fees included in your monthly payment Sept-May
- Makeup Kit included in your monthly payment

Athlete Conduct and Logo Usage

ATHLETE CONDUCT, SOCIAL MEDIA, BRAND & LOGO POLICIES

Starstruck athletes are not allowed to participate in activities at other All Star Cheerleading Gyms.

SOCIAL MEDIA:

Follow Us on ALL social media platforms

At Starstruck we take pride in our gym and aim to hold ourselves and our athletes to a high standard and feel it's very important to represent yourself well on social media. We approach social media seriously and monitor how the Starstruck name, brand, logo, and likeness are used. We maintain the

right to curate and request removal of items from social media sites and Apps that are deemed to be unsafe, inappropriate or in conflict with Starstruck's conduct standards

Anything that is aimed to bully, embarrass, or degrade any individual or group of individuals, including

the use of profanity, and/or content that is overly provocative is unacceptable. Please remember anything you post online affects not only you, but also your teammates and Starstruck as a whole.

We want our athletes and families to wear Starstruck attire with pride in public and in social media posts to show support and to promote a positive public image. Avoid posting any negative comments

on social media. When experiencing strong feelings there is a right way and a wrong way to resolve them. Generally speaking, taking those feelings to social media in the heat of the moment is not the solution and often creates more problems than it solves. If any issues should arise please schedule a meeting with Jill to discuss.

We request that Athletes at SAS avoid use of any accounts linked to an anonymous platform, don't use

"burner accounts" to interact with SAS or SAS athlete social media. We encourage students to use their real accounts to communicate with one another, and promotes more responsible online behaviors.

Should Starstruck request removal of, including but not limited to, photos, video, status, comment, etc removal must take place IMMEDIATELY. Repeated violations of conduct standards may be grounds

for dismissal from Starstruck without refund. We greatly appreciate your cooperation in supporting our efforts to provide a level of reasonable supervision and decorum.

BRAND AND LOGO POLICIES:

Do Not Make Your Own Starstruck or SAS Items.

Starstruck All Star Cheer Dance and Tumbling LLC is a unique business entity that relies on our company name and logo for brand identity and are valuable assets to our company and image.

Starstruck prohibits unofficial fan gear and merchandise. Personalization or embellishments to official

Starstruck fan gear and merchandise are generally acceptable. Homemade fan gear or merchandise

using the Starstruck name, brand, logo, team name(s) or likeness is strictly prohibited. We retain the right to grant or revoke all usage of our company name and logo; in whole or in part. The Starstruck name, brand, logo, image or likeness are not to be reproduced or used without expressed written from the Owner.

Prep Important Dates

Important Dates:

FIRST PRACTICE:
Practices begins after Sept. 7th

CHOREOGRAPHY:
Will take place during practice

WINTER SHOW
TBA

SPRING SHOW:
TBA

Dates closed

LABOR DAY:
September 5th - 7th

THANKSGIVING:
November 25th - 29th

CHRISTMAS/NEW YEAR:
December 23rd - January 2nd
2027

SPRING BREAK:
March 12th - 18th
2027

EASTER:
March 28th 2027

MEMORIAL DAY:
May 29th - 31st